



Hear something (through/on) the grapevine

to hear something from someone who has heard it from someone who has heard it from someone, basically, gossip

- I heard on the grapevine that Stacy and Mark are getting a divorce.
- She heard through the grapevine that he was looking for a job.

In black and white

if you say that something is in black and white, you mean that you have proof, a written proof of it

- · We have a clear rule in black and white that this action is illegal.
- I have it in black and white that I can take three weeks of vacation each year.
- It was there, in black and white. I did it. I wrote it.

In the loop

a part of a group who have information about a specific thing

- Not many people knew what was going on but the president was certainly in the loop.
- If you want to be in the loop all the time, you can say, send me everything.

Communicating













Keep someone posted

if you keep someone posted, you continue giving them all the latest information about a situation

- She made me promise to keep her posted on everything while she was in London.
- Keep me posted on everything and best of luck to you

Keep someone posted = keep someone in the loop about something

Let the cat out of the bag

to disclose a secret, often by mistake

- How did she know about it? Who let the cat out of the bag?
- I know you don't want to let the cat out of the bag before the speech.

Put someone in the picture

if you put someone in the picture, you tell them about something they need to know about

- Before you start working, let me put you in the picture and tell you how this office works.
- Just make sure you put the boss in the picture about the progress of this project. He needs to know every detail.
- Come to life. Put yourself in the picture.

Communicating













Spill the beans

to reveal a secret

- He was afraid that I was going to spill the beans to the police.
- We planned a surprise party for him, but Kate accidentally spilled the beans to him at work.

Touch base

if you touch base with someone, you contact them and you get in touch after a long time

- I was just calling to touch base since I haven't heard from you for a long time.
- I will ask my friend to touch base with you and see if he could help.

to contact or get in touch with someone generally

I will ask my friend to touch base with you and see if he could help.

Fill in the blanks.

Sometimes, even your friends



Communicating







